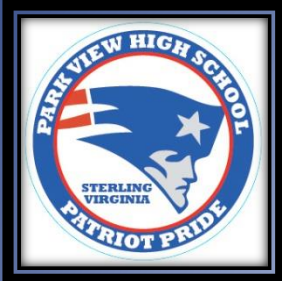


State Championship Milestones



Park View High School has won 15 State Team Championships and 51 Individual State Champions since 1976.

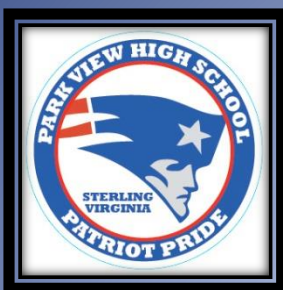
We have begun a new tradition of recognizing the milestone anniversaries of our previous state champions.



35th Anniversary of the 1984 Baseball Team



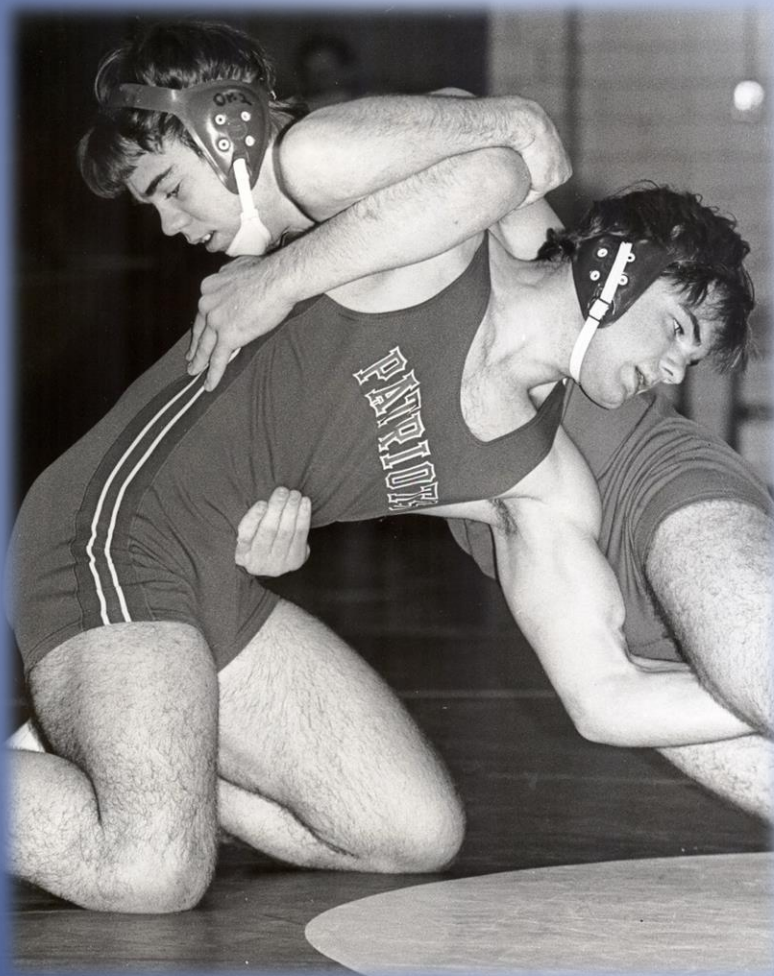
- Only 1 senior on the team
- 1st place in the Northwestern District
- 1st place in Region II
- Overall record of 19 wins and 2 losses
- Defeated Abingdon High School in the state final by a score of 6-4
- Pitchers Ron Griffith and Randy Boyer and Jeff Lageman are 2010 Hall of Fame members
- Steve Moran was inducted in the Class of 2016 to the Hall of Fame
- Leading hitters were Brian Paugh, Dennis Quinn and Jeff Lageman
- Coached by Mike Nunnally and Elmer Fox



35th Anniversary

Joe Lightfoot

Wrestling



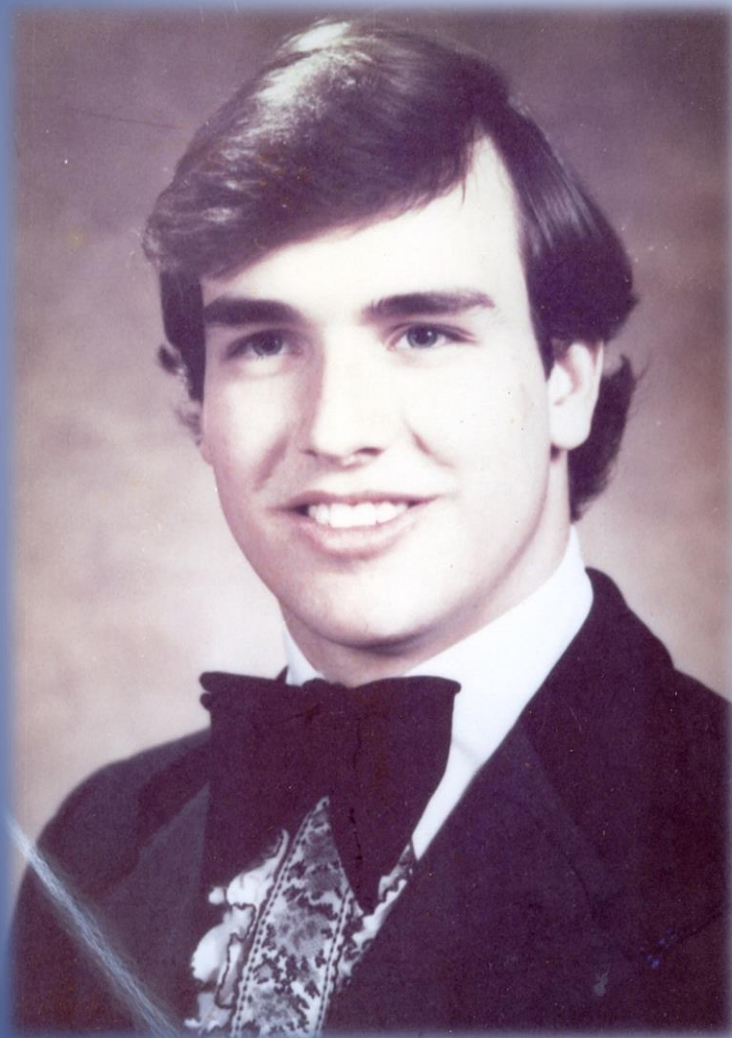
- Wrestling – Individual District Champion in 82, 83 and 84
- Wrestling – Individual Regional Runner Up in 82 and 83
- Wrestling – Individual Regional Champion in 1984
- Wrestling – Individual placed 3rd and 4th in the State Championships in 82 and 83
- Wrestling – Individual State Champion at 185lbs in 1984
- Wrestling – Individual record of 29 wins and 0 losses as a senior
- Wrestling – Held record at the time for most take downs in a season; most take downs in a career and most wins in a career
- Wrestling – Runner up, Champion and MVP at Sterling Lions Invitational
- Wrestling – Most Valuable Wrestler Award for PVHS
- Inducted in the PV Hall of Fame in 2014
- Coached by Hall of Fame Coaches Mac Piercy and Greg Mitchell



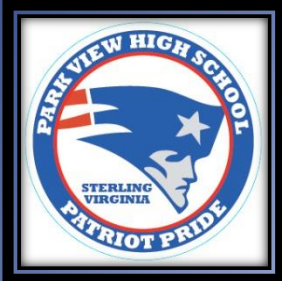
35th Anniversary

Jeff Saylor

Track



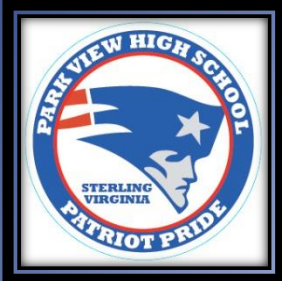
- District Champion for both shot put and discus in Senior year
- Placed 1st in the State meet for Discus with a throw of 162'8" and almost 20 feet ahead of the competition
- Placed 6th in the State meet for Shot Put
- "I was there and watched the winning throw. I believe it was his last attempt...he worked hard to learn proper form. In his last meet, on his last throw he executed his throw like a Greek God. He walked out of the circle with a huge smile on his face." – Teammate, Brian George
- "Jeff was an extremely hard worker on his technique, bounding drills and in the weight room. He was a very consistent thrower. The state meet win was not a surprise to me as he had thrown 160' + several times." – Coach Scott
- Inducted in the PV Hall of Fame in 2016
- Coached by Jim Hartung and Hall of Fame Coach Ed Scott



30th Anniversary of the 1989 Gymnastics Team



- Won the second consecutive state title for Gymnastics
- Went undefeated in regular season play
- Won the District and Regional titles with a score of 105
- According to Ms. Dugger; “This was one of the finest teams and seasons they’ve had in many years at PVHS.”
- The team was led by Leah Terrell, Theresa Cummings, Kristi McDonald and Whitney Mansfield
- Theresa Cummings was a state champion in the Beam completion.
- Kristi McDonald, Leah Terrell, Theresa Cummings, Whitney Mansfield are all PV Hall of Fame members
- Coached by Hall of Fame Coach Kathleen Dugger and Hall of Fame Contributor, Judy Miller



30th Anniversary of the 1989 Softball Team



- Played home games on the baseball field and practiced on the current field
- Overall record of 16 wins and 3 losses
- Northwestern District Champions
- Won 3 games in 3 days for the Region II title
- 7 of the starting 9 players were named to the All District Team
- Played Poquoson in the title game that was started on Friday and delayed until Saturday due to a storm
- Defeated Poquoson in 9 innings by a score of 7-2
- 5 players are Hall of Fame members; Janet Marshall Watkins, Julie Treanor, Susan Hessianauer Eaton, Nikki Tinsley Stewart and Pam Freedman Horton
- Coached by Hall of Fame Coach Beth Walker and Diane Walker



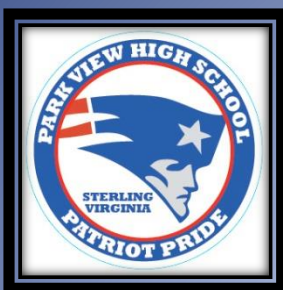
30th Anniversary

Kim Nelson

Tennis



- Won the AA Singles Title in 1989
- Was a member of the Freshman Class
- District Champion
- Region Champion
- Defeated Michelle Miano of Radford High School
- State Final score was 7-5 and 6-2
- Only PVHS player to win a state title in tennis
- Coached by Dave Thomas



30th Anniversary Theresa Cummings Gymnastics



- Team District Champions - 1989
- Team Regional Champions - 1989
- Team State Champions - 1989
- Regional Champion in Floor Exercise - 1989
- State Champion in Floor Exercise - 1990
- State Champion in Beam - 1989
- Program coordinator for Atlanta YMCA: 1992-2000
- Coach and Member of YMCA Gymnastics
- Member of the PV Hall of Fame Class of 2011
- Coached by Hall of Fame Coach Kathleen Dugger and Hall of Fame Contributor Judy Miller



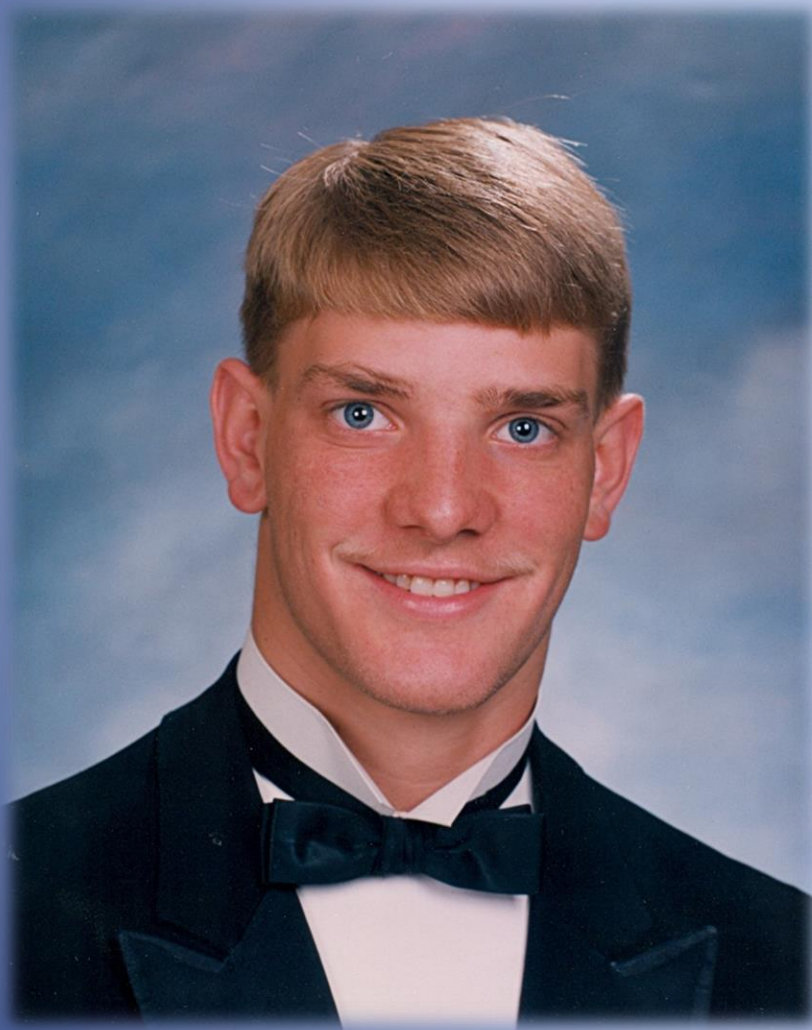
25th Anniversary Mark Hernandez Wrestling



- Lettered all 4 years in Wrestling
- District Champion
- Regional Champion
- State Runner Up – 1991
- State Champion: 112 lb. -1992
- State Champion: 119 lb. – 1993
- State Champion: 125 lb. – 1994
- Current PV Wrestling Record Holder: Take Downs, Near Falls, Pins, Wins, Team Points
- Washington Post All Met: 3 years
- Wrestled 3 years for the University of Virginia
- Currently working for the US Department of State
- Member of the PV Hall of Fame Class of 2011
- Coached by Hall of Fame Coaches Mac Piercy and Greg Mitchell



25th Anniversary Mike Jacobus Wrestling



- District Champion - 1994
- Regional Champion - 1994
- Wrestling State Place winner – 3 times
- Individual Wrestling State Champion – 1994
- Washington Post All Met: Honorable Mention & 1st Team
- Northern Region Classic, St. Stephens Invitational & Lions Club Champion
- Member of the PVHS Hall of Fame Class of 2011
- Currently a teacher at Rocky River Elementary School – Monroe, NC
- Named the 2008 North Carolina Coach of the Year
- Coached by Hall of Fame Coaches Mac Piercy and Greg Mitchell